



# P.E Long-Term Plan

*St James Church of England Primary School*

	Unit 1 [7 weeks]	Unit 2 [7 weeks]	Unit 3 [7 weeks]	Unit 4 [7 weeks]	Unit 5 [7 weeks]
Reception	Introduction to PE 2	Fundamentals 2	Gymnastics 2	2 Dance	Ball Skills 2
Year 1 (Outdoor)	Ball Skills	Sending and receiving	Net and Wall	Invasion	Striking and Fielding
Year 1 (Indoor)	Fundamentals	Gymnastics	Dance		Athletics
Year 2 (Outdoor)	Ball Skills	Invasion	OAA	Striking and Fielding	Net and Wall
Year 2 (Indoor)	Fundamentals		Dance	Yoga	Athletics
Year 3 (Outdoor)	Net and Wall through Tennis	Invasion through Dodgeball	Invasion through Netball	Athletics	Striking and Fielding through Rounders
Year 3 (Indoor)		Fundamentals		Gymnastics	
Year 4 (Outdoor)	Invasion through Basketball	Net and Wall through Badminton	Winter Warmer (Active Hope)	Striking and Fielding through Rounders	Target Games through Dodgeball
Year 4 (Indoor)		Gymnastics	OAA		Swimming (Out of School)
Year 5 (Outdoor)	Athletics	Net and Wall through Badminton	Target Games through Dodgeball	Invasion through Hockey	Striking and Fielding through Cricket
Year 5 (Indoor)	Dance		Swimming (Out of School)		
Year 6 (Outdoor)	Athletics	Target Games through Dodgeball	Net and Wall through Tennis	Invasion through Football	Striking and Fielding through Cricket
Year 6 (Indoor)	Dance	Swimming (Out of School)			