



# NEWSLETTER

Email: [www.stjamesceprimary.co.uk](http://www.stjamesceprimary.co.uk)

Twitter: @StJamesCEsth

*Journeying Together to Live, Learn and Laugh with the Love of God*



**Joyful Readers**



**Opportunities to Build Upon Knowledge and Skills**



**Understanding of British and Christian Values**



**Resilience and Perseverance**



**Nurture Curiosity**



**Encourage Articulate Learners**



**Your Wellbeing and Health**

**2024-2025 Issue Number 10 Friday 29th November 2024**

**OUR VALUE THIS  
HALF TERM IS:  
COMPASSION**

## This week at St James

We've had a bustling week at school as the children have been busy with their Autumn Assessments. These assessments help us understand their current learning levels, identify areas needing more support, and plan their next learning steps. This assessment period will continue into next week.

Year 6 had a great experience making soup on Wednesday with Apple of my Eye as part of their Design Technology work. Next week, Year 4 will have the opportunity to make burritos with them.

Our Kindness Calendars are being sent home today, and we are excited to see how the children engage with them! Please share all the wonderful, kind activities your children do on our Twitter (X) page.

We are launching a new attendance initiative on Monday. If your child attends school, on time, every day in December, their name will be entered into a prize draw. There are 12 amazing prizes to be won!

We are also looking forward to the Christmas Bingo next week. Thank you in advance for your support. All funds raised this year will go towards purchasing much-needed new iPads, classroom furniture, and repairing our outdoor play equipment. While we may not achieve all of this in one year, we will work towards these goals over the coming years.

Father Michael has asked me to remind you about the church Christmas Fayre, this Saturday 10.30am-2pm. There will be: Crafts, cakes, jams & chutneys, wreaths, Christmas gifts; as well as tombola & Raffle, and refreshments!

As we live, learn, and laugh with the love of God, I can hardly believe it is December already! Enjoy this first festive weekend, and I hope there aren't too many naughty elves around!

Mrs Briers



# School Matters!



**Attend Today, Achieve Tomorrow**

## Attendance Updates

We need to try really hard each and every week to make sure every year group is beating our **97% target**—this will help us to succeed!

**Our Whole School attendance to date is 95.4%**

The class with the highest attendance this week, and the winner of the virtual £5 is Year 5

There were **134** pupils with perfect attendance this week. Can we beat this next week?

Weekly Attendance	
Whole School	93.4%
Reception	85.0%
Year 1	95.7%
Year 2	95.7%
Year 3	92.3%
Year 4	89.6%
Year 5	97.7%
Year 6	95.5%





## Punctuality



Please ensure that your child arrives at school between **8:40am and 8:50am**. Our lessons start straight away in the morning with retrieval time; therefore, your child will be missing valuable learning time if they arrive after this time.

Please be advised that the school gates will shut promptly at 8:50am. Please do not be offended if a member of SLT, or Mr Price, ask you to go to the office if you arrive after the this time.

Any child arriving after this time, will be recorded as late and in some cases they will receive an 'unauthorised absence'.







## 12 Days of Christmas Attendance Challenge

At St James we place huge importance on regular school attendance—the research speaks for itself and proves that those with the highest levels of attendance achieve great things!

We therefore now invite you to take part in our 12 Days of Christmas Attendance Challenge.

### What do you need to do?

Come to school, on time, everyday for the first 12 school days in December

**Monday 2nd December-17th December**

### How can you win?

Those that complete the 12 day challenge will have their name put in a prize draw to be carried out on the afternoon of

**Wednesday 18th December**

### What can you win?

A Super Secret Santa Surprise...

12 to be won!



## Whole School events Autumn 2

Date	Event
4/12/24	Reception and Year 6 Height and Weight checks
5/12/24	Christmas Bingo 5pm -7pm
11/12/24	Christmas Movie Night 3.20pm -5.30pm
12/12/24	Christmas Jumper Day
13/12/24	Carols and Mince Pie KS2 - 9.00am
16/12/24	Christmas Dinner Day
17/12/24	Nativity Performance Reception, Year 1 and Year 2 - 1.30pm
18/12/24	Nativity Performance Reception, Year 1 and Year 2 - 9.30am and 1.30pm
19/12/24	Christmas Party Day and service in church - 1.00pm
19/12/24	School Closes for Christmas at 2.00pm

*Journeying Together to Live, Learn and Laugh with the Love of God.*



# Christmas at St James'

*Christmas Bingo*

*Thursday 5th December 5pm-7pm.*

*Tickets are on sale from the school office.*

*Christmas Movie Night-*

*Wednesday 11th December, 3.30pm-*

*A Muppets Christmas Carol*

*5.30pm. Tickets available from the Office*

*Christmas Jumper Day*

*Thursday 12th December—Please come in dressed in a Christmas Jumper for a £1 donation to 'Save the Children' (via School Money),*

*Carols and Mince Pies—KS2 led*

*Friday 13th December 9am. Tickets available from the school office.*

*Christmas Dinner*

*Monday 16th December—If your child is normally has a packed lunch they can choose to have a Christmas Dinner. The cost of this is £2.95. Please let the office know if a dinner is required.*

*Nativity—Midwife Crisis*

*Tuesday 17th December and Wednesday*

*YR, Y1 and Y2*

*18th December—3 performances of the Nativity for parents/carers to watch.*

*Tickets available from the Office.*

*Christmas Party Day*

*Thursday 19th December will be our Christmas Party Day! Children are invited to wear their party clothes on this day.*

*Christmas Service*

*Thursday 19th December—Christmas service in church 1pm.*

THANK YOU  
FOR YOUR  
SUPPORT



## Family Learning Taster Session

Come and join our fun and free family learning taster session



your child's development

- Find out about the courses we offer

Thursday 5<sup>th</sup> December - 1-3pm

If you would like to come to the family learning session, please come and let the office or Miss Moore know as soon as possible.

Thank you.





# Keeping children safe is everyone's responsibility



## Safeguarding Tip of the Week

### Neglect

In our school, we care deeply about the safety and well-being of all our children. As part of our commitment to keeping children safe, it's important to understand what neglect is and how we, as a school, have a responsibility to act if we believe a child is being neglected.

**What is Neglect?** Neglect is when a child's basic needs are not being met. This includes not providing enough food, warmth, clothing, or shelter. It can also involve not making sure the child is safe, healthy, or properly looked after. Sometimes, neglect can also mean not getting the emotional care or medical help a child needs to grow and develop.

**How We Respond to Neglect** Under the guidelines of "Keeping Children Safe in Education 2024," schools like ours have a clear duty to protect children from neglect. If we believe a child is being neglected, we must act quickly. This means talking to the right people, such as social services, to make sure that the child gets the help they need. We work closely with families, but when necessary, we also make sure that children are protected by professionals who can offer the right support.

Our school staff are trained to spot the signs of neglect and understand how to take action to keep children safe. If you ever have concerns about a child's well-being, please speak to a member of staff. We are all here to help and protect the children in our care.



National  
Online  
Safety

## Online Safety Tip of the Week

### Snapchat

Recent user numbers for the messaging app Snapchat currently sit at approximately 800 million and figures from data gathering company Statista indicate that roughly 20% of those users are under 18. That's a lot of young people participating in this sprawling social media platform, many of whom are potentially unaware of the associated risks.

That's why National Online Safety have released this week's guide – also available in podcast format for those who want to listen on the go. It can be tricky to know how to safeguard younger users on Snapchat but we aim to show you how, while also giving you in-depth knowledge of the online safety risks posed by this platform.



# What Parents & Educators Need to Know about

**SNAP STREAK**

**97**  
DAYS

# SNAPCHAT

AGE RESTRICTION  
**13+**

Snapchat is a messaging app which allows users to send images, videos and texts to others. Its best-known feature is that anything sent 'disappears' 24 hours after it's been viewed; however, users are known to take screenshots or use another device to obtain a photo of their screen. In 2023, Snapchat added a chatbot function called 'My AI'.

## WHAT ARE THE RISKS?

### ARTIFICIAL INTELLIGENCE

My AI is Snapchat's new chatbot, which replies to questions in a human-like manner. However, the software is still in its infancy and has significant drawbacks, such as biased, incorrect or misleading responses. There have already been numerous reports of young users turning to AI for medical help and diagnoses, which could be inaccurate and therefore potentially dangerous.

### PREDATORS AND SCAMS

Predators can exploit Snapchat's disappearing messages by, for example, telling a user they have naked photos of them and will post them unless they're paid. Snapchat's own research found that 65% of teenagers had experienced this – on this app or others. This likely isn't helped by 'SnapMaps' – a feature which highlights your exact position in real-time. This is meant to help friends keep track of each other, but could be used for more sinister reasons.

### MY EYES ONLY

Snapchat has a hidden photo vault called 'My Eyes Only'. Teens can conceal sensitive photos and videos from parents and carers in this folder, which is protected by a PIN. You can check for this by clicking on the icon which looks like two playing cards. This takes you to the 'Memories' folder which stores photos, stories and the My Eyes Only folder.

### SCREEN TIME ADDICTION

Snapchat prioritises user engagement, with features like streaks (messaging the same person every day to build up a high score). The app also has sections called 'Discover' and 'Spotlight', which show tailored content to each user. However, this could also be seen as an attempt to hook users into watching videos endlessly. Furthermore, constant notifications can lure people into using the app.

### INAPPROPRIATE CONTENT

Some content on Snapchat simply isn't suitable for children. The hashtags used to group content are determined by the poster, so even an innocent search term could still yield age-inappropriate results. The app's 'disappearing messages' feature also makes it easy for young people to share explicit images on impulse – so sexting continues to be a risk associated with Snapchat.

### ONLINE PRESSURES

Although many of Snapchat's filters are designed to entertain or amuse, the 'beautify' effects on photos can set unrealistic body image expectations – creating feelings of inadequacy in younger users. Snapchat now also has 'priority' notifications (which still get displayed even if a device is in 'do not disturb' mode), increasing the pressure on users to log back in and interact.

## Advice for Parents & Educators

### UTILISE PARENTAL CONTROLS

Snapchat's 'Family Centre' lets you view the details of the child's account – their friends list and who they've spoken to in the last week – and report any concerns. You must invite a child to the Family Centre for them to join. To keep the child's location hidden on the app, go into settings and turn on 'Ghost Mode' and 'Hide Live Location', and ensure they know not to share their location with anyone.

### BLOCK AND REPORT

If a stranger *does* connect with a child on Snapchat and begins to make them feel uncomfortable through bullying, pressure to send explicit images or by sending sexual images to them, the child can tap the three dots on that person's profile and report or block them. There are options to state why they're reporting that user – such as annoying or malicious messages, spam or masquerading as someone else.

### FAMILIARISE YOURSELF

Before you allow a child to download Snapchat, download it yourself and familiarise yourself with the app. Snapchat has produced a parents' guide to the app to help you understand how it works and any protections they have in place. A link for this can be found in the sources below.

### ENCOURAGE OPEN DISCUSSIONS

Snapchat's risks can be easier to handle if you nurture an open dialogue. For example, discuss My AI's responses to questions and how reliable they are. Talk about scams and blackmail before letting children sign up. If they're lured into a scam, encourage them to tell you immediately. Talk openly and non-judgementally about sexting, emphasising its inherent risks. Furthermore, explain how popular 'challenges' on the platform can have harmful consequences.

### Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



#WakeUpWednesday

The National College

Source: See full reference list on guide page at: <https://nationalcollege.com/guides/snapchat-2021>

@wake\_up\_weds

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## Spirituality Spotlight

As a school community we want to be:

**“Journeying together to Live,  
Learn and Laugh with the Love of  
God”**



Dear Parent/Carer,

As we enter the festive season of Advent, it's a wonderful opportunity to spread kindness to those around us. December is the perfect time to ensure that everyone at St James experiences hope, peace, joy, and love as we celebrate the coming of Jesus into the world.

Attached, you will find a 'Kindness Calendar' filled with a variety of daily kindness activities that your child can choose to complete. Each activity is explained on the calendar, including why it was chosen, and all tasks are free to complete. We encourage you to share your child's acts of compassion on Twitter or bring completed activities into school for display. Please use the hashtag @StJamesCEsth.

Throughout the month, we will be sending home certificates to celebrate the children who complete a range of kindness activities each week. I am excited to see the wonderful activities our children will complete and the kindness and compassion that will spread throughout the St James School Community.

If you have any questions, please speak to your child's class teacher.

Yours sincerely,





Mrs. Lister



# Our Kindness Calendar for Advent:



Journeying Together to Live, Learn and Laugh with the Love of God

	<b>Sunday</b>	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>
<b>Hope</b> 	<b>1</b> To start the Christmas season, read Dor watch a short video about what happened when Jesus came to Earth.	<b>2</b> Design a Christmas card that you can send to a member of the family or a friend.	<b>3</b> Pick your favourite Christmas carol and sing it for someone you love.	<b>4</b> With an adult, call/video call a friend or a relative to have a chat. Make them smile and give someone hope in this festive period.	<b>5</b> Donate an unwanted toy to charity.	<b>6</b> Decorate your house ready for Christmas or help a relative to decorate theirs.	<b>7</b> Have a day digital free with no devices, play a board game with the family.
<b>Peace</b> 	<b>8</b> Design a Christmas decoration that symbolises 'peace' and add this to your Christmas tree.	<b>9</b> Have a day without using any digital devices. Have a peaceful day talking to your family.	<b>10</b> Listen to a piece of your favourite music. Stop, reflect and think about how this makes you feel.	<b>11</b> Write a prayer asking for peace in situation eg friends or around the world.	<b>12</b> Our Christian value is Compassion think of a way to show compassion to someone new.	<b>13</b> Make a Christmas decoration that symbolises peace on earth.	<b>14</b> The dove is a symbol of peace make your own dove and share it with someone to share peace.
<b>Joy</b> 	<b>15</b> We ring bells at Christmas to symbolise the joy of Jesus's birth. Draw a bell and write on it all things that give you joy.	<b>16</b> Bake a cake for the family or a friend to give them joy.	<b>17</b> On the playground do something that will bring someone else joy.	<b>18</b> Share joy around your home by tidying up or helping around the house.	<b>19</b> On the last day of the term. Wish as many people as you can a 'Merry Christmas'.	<b>20</b> With an adult, go on a winter walk into God's world and appreciate the joy this brings. Take a photo of this.	<b>21</b> Listen and sing Christmas Songs - spread festive joy! ☺
<b>Love</b> 	<b>22</b> Write an acrostic poem using the word love and send it to someone you love.	<b>23</b> Our School vision is Journeying together 'Learn, laugh and live with the Love of God.' Write a list of ways that you will live out our vision next year.	<b>24</b> Wear your favourite Christmas jumper and snuggle up with a Christmas film.	<b>25</b> Merry Christmas and say thank you for the greatest gift of all, Jesus!			

How many ads on our Kindness Calendar can you complete over the period of Advent? Remember to share them on Twitter (@StJamesCT) or bring them into school!





**Journey Driver Focus:**

**COMPASSION**

Each half term, one child from each class is nominated by their class teacher for 'living out' our value of the half term. The value for this half term is 'Compassion'

<b>RECEPTION</b>	Reah Dixon
<b>YEAR 1</b>	Bethel Ejimofor
<b>YEAR 2</b>	Sofia Bate
<b>YEAR 3</b>	Noah Siry
<b>YEAR 4</b>	Mohammad Al Batin
<b>YEAR 5</b>	Logan-James
<b>YEAR 6</b>	Matthew Murphy

**Christmas Card Design**



And the winning design from St James is ..... From Aedria in Year 6. Well done!



Front Cover

Inside Cover



THANK YOU  
FOR YOUR  
SUPPORT

### PE Days

<b>Monday</b>	Year 1, Year 2 and Year 3
<b>Tuesday</b>	Reception and Year 4
<b>Wednesday</b>	Reception Year 5 and Year 6
<b>Thursday</b>	Year 3 and Year 4
<b>Friday</b>	Year 1, Year 2 and Year 5 and Year 6



### Clubs

We are running the following after school clubs this half term.

- **Monday (8am)**-Fencing with Coach Phil (see letter sent)
- **Tuesday**-Golf for Y3 and Y4 with Mr Moon and Mr Ratcliffe
- **Wednesday**-Lego Club for Y1, Y2 and Y3 with Miss Hunter
- **Thursday**- Multi skills for Y1 and Y2 with the Sports Coach

If your child is in Y2, you may receive a letter inviting them to attend a Reading Booster

### SWIMMING

Y6 have Swimming Lessons this half term. Their lessons are on Wednesday afternoons.

### Considerate Parking

Please can we remind parents to be considerate when parking in the streets near to school. We have recently received an increase in complaints from neighbours and other parents.

Please can we ask that parents avoid parking close to the crossroads between Lyme Street and Shaw Street and that parents do not park on the zig zags outside of school, unless this has been specifically agreed by school.

This is to ensure the safety of our children.

Thank you for your continued support





### APPLYING FOR A PRIMARY SCHOOL PLACE FOR SEPTEMBER 2025

If your child turns 4 between 1 September 2024 and 31 August 2025, he or she will transfer to primary school in September 2025. From Monday 16 September the website [www.sthelens.gov.uk/admissions](http://www.sthelens.gov.uk/admissions) is open for parents who wish to apply online.

You will be notified on 16 April 2025 confirming your child's school place.

**The closing date for you to submit your application is 15 January 2025.**

# INTRODUCING CASHPOT FOR SCHOOLS

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and we will donate **££s** to schools.

**CASHPOT  
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SCHOOLS**



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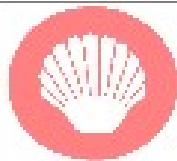
- 1 Download the Asda Rewards app and opt-in to Cashpot for Schools.
- 2 Choose your primary school
- 3 Shop in-store across Asda & George, and scan your Asda Rewards app at the checkout.
- 4 Shopping online? Simply log in to Asda.com using the same details as your Asda Rewards account.
- 5 We'll do the rest! We donate ££s to your chosen school every time you shop, so they can spend it on exactly what they need.



Selected stores. Minimum spend £21. Excludes apply including Asda Express & George.com. Subject to availability. UK 1st. App & Opt-in required. 50% of the value of a customer's eligible shop is donated. Publicly funded primary schools, must register with Parentkind charity 1073633. Full T&Cs at [asda.com/cashpotforschools](http://asda.com/cashpotforschools) Rewards T&Cs at [asda.com/rewards/terms](http://asda.com/rewards/terms) © 2024 Asda

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THANK YOU  
FOR YOUR  
SUPPORT



# St James CE Primary Christmas Bingo

Thursday, 5<sup>th</sup> December 5-7pm

Doors open 4.30pm

School Hall



- Entry tickets are £1, available to buy from the office (cash).
- Bingo tickets £1 per book.
- Please bring cash on the evening as there will be a tombola and raffle.
- Refreshments will be available on the evening for a small cost.

*Come along, join in the fun and help support our school!*





**CHRISTMAS JUMPER DAY**  
12th December 2024

Downloaded from twinkl.com

twinkl Save the Children FR Registered with the Financial Conduct Authority

**Nativity 2024**  
**Reception, Year 1 and Y2**



to

The Nativity, this year, will take place on Thursday 17th December at 13:30pm and on Wednesday 18th December at 09:30am and 13:30 pm. Tickets are now on sale and will be allocated on a first come first served basis with an availability of 2 tickets per family. Please return the letter received school with payment to secure your tickets.



THE WORLD OF GLASS WARMLY INVITE YOU  
TO A CREATIVE ROOTS EXHIBITION:

# ABOVE THE FOLD

AT THE WORLD OF GLASS MUSEUM, CHALON WAY E, ST HELENS, WA10 1BX  
ON SATURDAY 7TH DECEMBER AT 12.00PM - 1.00PM.

FROM OLD PRINT HOUSES AND NEWSPAPERS OF ST HELENS, THE WORLD-RENOWNED  
RAILWAY PRINTERS MCCORQUODALE, TO THE MUCH-LOVED CECIL DROMGOOLE  
STATIONERS, THIS EXHIBITION WILL BRING INTO FOCUS TRADITIONAL PRINTING  
METHODS, WILL HIGHLIGHT THIS AGE-OLD CRAFT AND ITS HISTORY IN ST HELENS!

*CREATIVE ROOTS: ABOVE THE FOLD IS FUNDED BY NATIONAL LOTTERY HERITAGE FUND AS PART OF THE 'CREATIVE UNDERGROUND' PROJECT, COORDINATED BY ST HELENS ARCHIVE SERVICE (ST HELENS BOROUGH COUNCIL).*



**Mad Science**

**Mad Science North England**  
457A Carr Place | Walton Summit | Preston | PR5 8AU | 01772 628844  
email:office@madsciencenw.com

After School Programme at  
St James CE Primary School (WA11 0NL)

Monday at 03:20 PM - 04:20 PM  
Dates: 06/01/2025 - 10/02/2025

6 weeks, £63.00 per child  
Split the cost options!  
Your deadline date to register is: 27/11/2024

Max 23 per club, first come, first served! Thank you!

**Fun-damental Forces**  
Find out about your favourite forces using gyroscopes, bike wheels and even a simple chair! Are you up to the gravity-defying challenges?

**Chemystery**  
See Styrofoam reduced to a puddle of goo, water turned to wine and a whole load of chemical magic! Apply your chemistry knowledge to create a polymer bouncing ball!

**"Current" Events**  
Explore the use of electricity by building your own circuits and see how electricity can pop a balloon! Electrifying!

**Under Pressure**  
Who will win the blow dryer race? Join in the fun with this interactive exploration of air and its effects! Vortex generators and fountains will show how powerful air can be!

**Science of Magic**  
A magician never reveals their secrets... but a scientist does! How does the rabbit really disappear? Explore real magic tricks to discover the science behind them!

**Wacky Waves**  
Eggbert and Megg, our hard-boiled friends, assist in our investigation of water! How hard is it to clean up an oil spill? Find out in this introduction to the wacky world of water!

(SYSTEM 3)  
Content is subject to change

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Problem? - call 01772 628844 or email [office@madsciencenw.com](mailto:office@madsciencenw.com)

SPARKING IMAGINATIVE LEARNING

[northengland.madscience.org](http://northengland.madscience.org)

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# ST HELENS LIBRARY SERVICE

## Haydock Library

### What's On in December 2024

Speak to library staff for more information.

<p><b>Festive Read and Rhyme sessions.</b> Mondays 10.30am Thursdays 2.15pm</p> <p>Join us for our regular sessions with a festive story and rhymes for the season during December. Suitable for preschool children.</p> <p><b>Stay and Play</b> Monday at 11.00am</p> <p>Drop in</p>	<p><b>A Very Merry Storytime &amp; Christmas Bauble Craft</b> Tuesday 24<sup>th</sup> December 10.00-11.30am</p> <p>Make your own Christmas Eve Bauble and reindeer food and enjoy a festive tale. Suitable for ages 4-10 years</p> <p><b>*Booking only, limited places</b> Part of HAF funded by the department of education</p> <p>Drop in</p>	<p><b>Christmas Crafts</b> Tuesday 16<sup>th</sup> December 3.30pm</p> <p>Join in the fun with our special Christmas Craft Session.</p>  <p>Drop in</p>
<p><b>Christmas Carol Concert with Haydock English Martyrs</b></p> <p>Thursday 5<sup>th</sup> December 10.30am</p> <p><b>Festive Coffee Morning and Quiz</b></p> <p>Thursday 12<sup>th</sup> December 10.30 am.</p> <p>Drop in</p>	<p><b>Police Surgery</b></p> <p>Friday 6<sup>th</sup> December 3.00- 4.00pm</p> <p>An advice and help session.</p> <p>Drop in</p>	<p><b>Winter Warmer Coffee morning</b></p> <p>Every week on Thursdays 10.30 – 11.30am</p> <p>Escape the cold and get warm and cosy at our weekly event, free hot drinks, and biscuits. Browse our books, bring a craft hobby with you, or simply relax and chat with other.</p> <p>Drop in</p>
<p>Haydock Library, Church Road, Haydock WA11 0LY 01744 677801 <a href="mailto:haydocklibrary@sthelens.gov.uk">haydocklibrary@sthelens.gov.uk</a></p>		





### **St. Helens Virtual School**

We are reaching out to all our parents and carers to try and establish a link between you and St Helens Virtual School. The VS is here to support, advise, and guide all parents and carers who look after a child or young person who is fostered, adopted, or has an SGO, Kinship carers, or CGO.

We are hoping to create some email groups of parents and carers who we can invite along to training sessions, coffee mornings, events etc... as well as supply information, and guidance, provide online safety tips, and keep us all up to date with the latest developments.

Please provide us with your details below, if you would like to be part of these groups. Please be reassured that any details you provide will not be shared with external agencies unless permission is provided and the email addresses will only be used to disseminate information or offer support.



### **Navigating Neurodiversity**

Helping your child understand their neurodivergent sibling can be challenging. It's important to explain what neurodivergence means in simple, age-appropriate terms.

As a parent of a child with additional needs, you are likely very busy and may have had little sleep or support. Giving attention to siblings might seem like an extra task, but it doesn't have to take much time. It's more valuable to give a sibling your full attention for a short period than to spend a lot of time with distractions. Providing focused attention to siblings can enhance family life for everyone.

There is plenty of information and advice for parents at [www.sibs.org.uk](http://www.sibs.org.uk). Young Sibs is an information resource for young siblings aged 7-17. It has activity packs to encourage open conversations, helping your sibling child feel supported, understood, and valued. There are also comic strips to help siblings self-identify and embrace their neurodiverse family.

Find out more at [www.sibs.org.uk/youngsibs](http://www.sibs.org.uk/youngsibs)