

WALL BALL CHALLENGE



Equipment needed:

- A ball

Using a wall, kick your ball so it rebounds off the wall and comes back to your feet. Aim to use right foot and then left foot each time the ball comes back to you.

How many passes can you do in 60 seconds?

Once you have had your turn, challenge somebody else to beat your score.

Don't forget to tweet your efforts and include us in your tweet @StHelensSG



ST HELENS
SCHOOL
GAMES



ST HELENS
BOROUGH COUNCIL
www.sthelens.gov.uk